

Boys & Girls Track and Field

Entry List Regulations Review

Q.1 May an athlete be entered in two individual events and two relays on the entry list?

A. Yes.

Q.2 May an athlete be entered in any 4 individual events?

A. Yes.

Q.3 What is the maximum number of events an athlete may enter on the sectional entry list?

A. Four.

Q.4 What if an athlete is left off the entry list and this is discovered after the center school has **e-mailed or faxed** the seeds to each participating school?

A. In the event someone has been left off the entry list or entered incorrectly, a change can be made by contacting the Commissioner/s for approval. The \$200 fine for the change must be paid prior to the sectional. If an IHSAA representative cannot be reached, the tournament director may make the change pending IHSAA approval and payment of the \$200 fine.

Modifications/Adoptions

I EVENTS/ORDER OF EVENTS – SEASON AND TOURNAMENT

A. BOYS

Track events – If track is not 400 meters, run all events in metric distances, **except relays**. Run relays in English distances and convert times.

1. When **preliminary** heats are required

3200 meter relay finals
100 meter dash trials
110 meter high hurdle trials
200 meter dash trials

2. When **no preliminary** heats/sections are required

3200 m relay finals	300 m intermediate hurdles
110 m high hurdle finals	800 m run
100 m dash finals	200 m dash finals
1600 m run	3200 m run
400 m relay	1600 m relay
400 m dash	

3. **Field Events** – Report in feet and inches.

a. Should begin at least 30 minutes prior to the opening of the track trial events.

Discus (1.6 kg) (**must be conducted in an area removed from spectators and other participants**)

Shot Put (12 lbs)	Pole Vault
High jump	Running Long Jump

B. GIRLS

Track events – If track is not 400 meters, run all events in metric distances, **except relays**. Run relays in English distances and convert times.

1. When **preliminary** heats are required

3200 meter relay finals
100 meter dash trials
100 meter high hurdle trials
200 meter dash trials

2. When **no preliminary** heats/sections are required

3200 m relay finals	300 m low hurdles
100 m high hurdle finals	800 m run
100 m dash finals	200 m dash finals
1600 m run	3200 m run
400 m relay	1600 m relay
400 m dash	

NOTE: The 3200 meter run shall follow the 200 meter dash in all meets – season and tournament series.

3. **Field Events** – Report in feet and inches.

a. Should begin at least 30 minutes prior to the opening of the track trial events.

Discus (1 kg) (**must be conducted in an area removed from spectators and other participants**)

Shot Put (8 lbs. 13 oz. -- 4K)
High Jump
Running Long Jump
Pole Vault

BOYS AND GIRLS

II PARTICIPATION LIMITATIONS

A. **Season** – During the regular season an individual may be entered in four (4) events EXCLUDING relays if so desired and announced by meet management. No contestant shall **participate** in more than 4 events.

B. **IHSAA Tournament Series** – An individual may NOT be entered in more than four (4) events, relays inclusive. An individual shall not participate in more than four (4) events.

C. **Discus** – The discus shall not be held if there is no discus cage. In a dual meet, the host school not having the discus cage shall forfeit the points to the visitor. In meets involving more than 2 schools in which there is no discus cage, points shall be divided among the visiting schools.

D. **Pole Vault** – The pole vault shall not be held if the landing pad does not meet specifications contained in the National Federation Track and Field Rules Book. In dual meets, the host school not having the proper landing pad and in the absence of **prior written notification** to all visiting schools, shall forfeit the points to the visitor. In meets involving more than 2 schools in which there is no proper landing pad and in the absence of **prior written notification** to all visiting schools, the points shall be divided among the visiting schools. Hard or unyielding surfaces surrounding the landing pad shall be padded with a minimum of two (2) inches of dense foam or other suitable material.

E. **Prior Written Notification** – Schools who have decided not to upgrade their pole vault landing system to meet NFHS specifications, must provide written notification to all visiting schools a minimum of 48 hours prior to the scheduled contest that they do not intend to conduct the pole vault event. This written notification may be directly on the contract issued by the schools for the contest, an e-mail sent to all schools, a facsimile or written letter issued via regular mail.

BOYS AND GIRLS

III UNIFORMS

- A. Items such as hats, baseball caps, kerchiefs, bandannas, sunglasses, etc. are not considered part of the official school uniform and shall not be worn while participating nor while receiving awards. This includes the hood of a one-piece uniform.
- B. The wearing of jewelry while participating shall be prohibited. Exception: wrist watch
- C. A headband may be worn if it is a solid color and no more than 2 inches in width.
- D. Any visible shirt worn under the uniform must be unadorned (except manufacturer's logo) and of single color and hue.
- E. In individual events, visible garments worn under the jersey and shorts do not have to be the same color.
- F. In relays, each team member shall wear the same color and design of school uniform although the length of the short may vary.
- G. In relays, any visible garment(s) worn under the jersey and other visible apparel worn under the shorts must be unadorned and of a single (and the same) color. Visible garments worn under the jersey and/or the shorts do not have to be the same color. If worn by more than one team member (two or more) that apparel must be the same color, but not necessarily the same length.
- H. Removing any part of the team uniform, excluding shoes, while in the area of competition shall lead to a warning and if repeated, disqualification from the event.

BOYS AND GIRLS

IV TAKEOFF BOARD

Tournament – a 20" or 24" board will be used where feasible.

V HURDLE HEIGHT

A. BOYS

1. 300 meter hurdles – 36 inches
2. 110 meter hurdles – 39 inches

B. GIRLS

1. 100 meter hurdles – 33 inches
2. 300 meter hurdles – 30 inches

VI SHOT PUT AND DISCUS SECTORS

A. The shot put and discus sectors shall measure 34.92° for both shot put and discus events throughout the regular season and IHSAA tournament series events.

VII STARTING HEIGHT FOR CROSSBARS (Sectionals, Regionals and State)

A. BOYS AND GIRLS

Pole Vault – to be determined by the Games Committee.

B. BOYS AND GIRLS

High jump – to be determined by the Games Committee.

VIII SCRATCHES – TOURNAMENT SERIES

BOYS AND GIRLS

A. Sectionals

1. A scratch meeting must be held at least 30 minutes prior to the start of the first field event to take care of final scratches. An alternate listed on the Official Entry List in that event may be substituted during this 30-minute time period. *If an alternate is used to replace a seeded competitor during this scratch meeting, the alternate shall be placed in the same position as the former competitor and the event shall NOT be reseeded.*
2. A contestant whose relay team is scratched due to injury to or disciplinary action against other relay team members shall not be scratched from other events if documented by a physician in the case of injury or by the principal in disciplinary action.

B. From Sectionals to Regionals and Regionals to State

1. Within 30 minutes after conclusion of final event –

- a. Qualified contestants may be scratched from an event **without penalty**, if reported by the coach to the **appropriate tournament director before leaving the tournament center and within 30 minutes after the conclusion of the final event of the meet from the sectional for the regional and from the regional for the state.**

(1) If it becomes necessary to scratch a qualified contestant during the above time period, the next place qualifier will fill that qualifying position. The tournament director will notify the school of the next place qualifier as soon as this information is available.

2. After 30 minutes following conclusion of final event until beginning of regional or state –

- a. only with documentation by a physician with an unlimited license to practice medicine
- b. eliminated from all events without documentation

(1) In the event a physician is not in attendance at the time of request, the referee-starter and tourney director may authorize the scratch with the understanding that the illness/injury will be documented by a physician licensed to practice medicine prior to the next tournament level.

(2) Such documentation must be presented to the appropriate tournament director prior to the start of the regional and/or state finals in order to be eligible to participate.

(3) A contestant whose relay team is scratched due to injury to or disciplinary action against other relay team members shall not be scratched from other events if documented by a physician in the case of injury or by the principal in disciplinary action.

3. After the beginning of 1st event of sectional or regional

- a. only when documented by a physician with an unlimited license to practice medicine
- b. eliminated from all **following** events without documentation

Example: A contestant competing in the sectional or regional:

- ran leg of 3200 meter relay – team placed 1st
- ran 800 – placed 1st
- entered in 3200 – did not show

Q. Is contestant eliminated from 3200 meter relay and 800?

A. No, only those events entered after 3200 meter run in the current meet.

Q. Is this contestant eliminated from events previously qualified at the next level of the tourney?

A. No.

C. Regionals

1. **BOYS** – a next place qualifier will not be permitted to fill a vacant qualifying position **after 12:00 noon on Monday prior to the regional.**

2. **GIRLS** – a next place qualifier will not be permitted to fill a vacant qualifying position **after 12:00 noon on Friday prior to the regional.**

D. **State Finals** – a next place qualifier will not be permitted to fill a vacant qualifying position **after 12:00 noon on Tuesday** prior to the State Finals.

E. No contestant shall advance in any event in which he/she did not participate and qualify.

IX RESULTS – TOURNAMENT SERIES

BOYS AND GIRLS

Hy-Tek Meet Manager results shall be backed up. The backup of sectional results shall be e-mailed to the regional hosts and to **michelle@alphatiming.net** and to **bcoc@ih saa.org**. The backup must include the directory name which is the host school's abbreviation code.

Regional hosts shall e-mail their backup of regional results to **michelle@alphatiming.net** and to **bc Cox@ihsaa.org**. The backup must include the director name which is the host school's abbreviation code.

- X. **PUBLIC PRAYER POLICY** – at all IHSAA tournament sites, the public address system is to be used for announcements approved by the IHSAA and those necessary for the administration of the tournament. There shall be no oral prayers delivered over the public address system, or initiated by the host school at IHSAA tournament events. During the regular season, it is the prerogative of the host school to determine whether a prayer is delivered.
- XI. **RESTRICTIONS** – IHSAA tournament series restrictions. It shall be the responsibility of each high school principal to see that these restrictions are enforced.
- A. Balloons, signs and banners and/or posters, etc. are not permitted.
 - B. Noisemakers are not permitted. This includes, but is not limited to cowbells, air horns, "thundersticks", clapping devices, etc.
 - C. The use of bands at IHSAA track and field tournament series events is not permitted.
 - D. No live animal mascots are permitted.
 - E. Spectators shall not bring pets into the stadium or competition areas at any time.
 - F. Solicitations – donations, contributions and aggressive vending of school spirit items are not permitted.

Tournament Series **Boys – 106th Annual** **Girls – 36th Annual**

The following rules and regulations for the 2008-09 Boys and Girls Track & Field Tournament Series have been adopted and are subject to change if the Executive Committee should deem it necessary.

I DATES

A. BOYS

*Sectionals – Thursday, May 21

*Regionals – Thursday, May 28

State – Friday, June 5

*Postponements should be scheduled on the following day, if possible, excluding Sunday.

B. GIRLS

*Sectionals – Tuesday, May 19

*Regionals – Tuesday, May 26

State – Saturday, June 6

*Postponements should be scheduled on the following day, if possible, excluding Sunday.

II TIMES (Prevailing time of center school)

A. BOYS

Sectionals

1. Shall be determined by the center school and shall not be scheduled during school time.

2. The center principal shall notify the IHSAA and all participating schools by no later than Wednesday, May 13 as to time and location of meet.

Regionals

1. 6:00 p.m. – may be scheduled earlier if no contestant/s is required to miss school to arrive at the center school.

2. The center principal shall notify the IHSAA and all participating schools by no later than Friday, May 22 as to time and location of meet.

State

1. Friday, June 5

3:00 p.m. – Pole Vault, Long Jump, Discus

3:30 p.m. – High Jump, Shot Put (will begin at the conclusion of the Discus event)

4:15 p.m. – Running event trials

6:15 p.m. – Running event finals

B. GIRLS

Sectionals

1. Shall be determined by the center school and shall not be scheduled during school time.

2. The center principal shall notify the IHSAA and all participating schools by no later than Monday, May 11 as to time and location of meet.

Regionals

1. 6:00 p.m. – may be scheduled earlier if no contestant/s is required to miss school to arrive at the center school.

2. The center principal shall notify the IHSAA and all participating schools by no later than Friday, May 22 as to time and location of meet.

State

1. Saturday, June 6

3:00 p.m. – Long Jump, Discus, Pole Vault

3:30 p.m. – High Jump, Shot Put (will begin at the conclusion of the Discus event)

4:15 p.m. – Running event trials

6:15 p.m. – Running event finals

BOYS

III CENTERS AND ASSIGNMENTS OF SCHOOLS

Boys Sectionals

If your school does not plan to enter the IHSAA tournament series and is listed below, please see below - X. Entry Lists – Sectionals, Item I for procedure. If your school intends to enter the IHSAA tournament series and your school does NOT appear below, contact the IHSAA immediately.

1. **Bedford North Lawrence (13):** Bedford North Lawrence, Brownstown Central, Crothersville, Eastern (Pekin), Medora, Mitchell, Orleans, Paoli, Salem, Seymour, Springs Valley, Trinity Lutheran, West Washington.
2. **Benton Central (12):** Attica, Benton Central, Covington, Fountain Central, Frontier, North Newton, North Vermillion, North White, Seeger, South Newton, Tri-County, Twin Lakes.
3. **Bloomington North (13):** Bloomfield, Bloomington North, Bloomington South, Brown County, Cloverdale, Eastern Greene, Edgewood, Eminence, Martinsville, Monrovia, Mooresville, Owen Valley, White River Valley.
4. **Carmel (13):** Carmel, Fishers, Guerin Catholic, Hamilton Southeastern, Hamilton Heights, Lebanon, Noblesville, Sheridan, Tipton, Tri-Central, University, Westfield, Zionsville.
5. **Connersville (13):** Cambridge City Lincoln, Centerville, Connersville, Hagerstown, Knightstown, Morton Memorial, New Castle, Northeastern, Richmond, Rushville, Seton Catholic, Tri, Union County.
6. **Corydon Central (11):** Borden, Christian Academy of Indiana, Clarksville, Corydon Central, Crawford County, Floyd Central, Lanesville, New Albany, North Harrison, Providence, South Central (Elizabeth).

7. **Crown Point (13):** Andean, Bowman Academy, Crown Point, Gary Roosevelt, Gary Wallace, Gary West Side, Gary Wirt, Hanover Central, Hobart, Lake Station Edison, Lowell, Merrillville, River Forest.
8. **East Central (14):** Batesville, East Central, Franklin County, Greensburg, Jac-Cen-Del, Lawrenceburg, Milan, North Decatur, Oldenburg Academy, Rising Sun, South Dearborn, South Decatur, South Ripley, Switzerland County.
9. **East Noble (13):** Angola, Central Noble, DeKalb, East Noble, Eastside, Fremont, Garrett, Hamilton, Howe Military, Lakeland, Prairie Heights, West Noble, Westview.
10. **Evansville Central (13):** Boonville, Castle, Evansville Bosse, Evansville Central, Evansville Day, Evansville Harrison, Evansville Mater Dei, Evansville Memorial, Evansville North, Evansville Reitz, Mount Vernon, North Posey, Signature.
11. **Fort Wayne North Side (11):** Carroll (Fort Wayne), Fort Wayne Bishop Dwenger, Fort Wayne Bishop Luers, Fort Wayne Concordia Lutheran, Fort Wayne Northrop, Fort Wayne North Side, Fort Wayne Snider, Fort Wayne Southside, Leo, New Haven, Woodlan.
12. **Fort Wayne Wayne (12):** Adams Central, Belmont, Bluffton, Fort Wayne Canterbury, Fort Wayne Elmhurst, Fort Wayne Wayne, Harding, Heritage, Homestead, Norwell, South Adams, Southern Wells.
13. **Franklin (11):** Center Grove, Columbus East, Columbus North, Edinburgh, Franklin, Greenwood, Hauser, Indian Creek, Southwestern (Shelby), Whiteland, Waldron.
14. **Goshen (12):** Bethany Christian, Concord, Elkhart Central, Elkhart Christian Academy, Elkhart Memorial, Fairfield, Goshen, Jimtown, Northridge, NorthWood, Warsaw, Wawasee.
15. **Hammond Morton (11):** Calumet, East Chicago Central, Griffith, Hammond, Hammond Bishop Noll, Hammond Clark, Hammond Gavit, Hammond Morton, Highland, Lake Central, Munster.
16. **Jasper (11):** Cannelton, Forest Park, Heritage Hills, Jasper, Loogootee, Northeast Dubois, Perry Central, Shoals, South Spencer, Southridge, Tell City.
17. **Jeffersonville (12):** Austin, Charlestown, Henryville, Jeffersonville, Jennings County, Madison, New Washington, Rock Creek Academy, Scottsburg, Shawe Memorial, Silver Creek, Southwestern (Hanover).
18. **Kokomo (12):** Cass, Eastern (Greentown), Kokomo, Logansport, Maconaquah, Madison-Grant, Northwestern, Oak Hill, Peru, Pioneer, Taylor, Western.
19. **Lafayette Jefferson (12):** Carroll (Flora), Clinton Central, Clinton Prairie, Delphi, Frankfort, Harrison (West Lafayette), Lafayette Central Catholic, Lafayette Jefferson, McCutcheon, North Montgomery, Rossville, West Lafayette.
20. **Marion (11):** Blackford, Churubusco, Columbia City, Eastbrook, Huntington North, Marion, Mississinewa, Southwood, Wabash, White's, Whitko.
21. **Mount Vernon (Fortville) (13):** Alexandria, Anderson, Anderson Highland, Blue River Valley, Daleville, Elwood, Frankton, Lapel, Mount Vernon (Fortville), Pendleton Heights, Shenandoah, Wes-Del, Yorktown.
22. **Muncie Central (12):** Cowan, Delta, Jay County, Monroe Central, Muncie Burris, Muncie Central, Muncie Southside, Randolph Southern, Union (Modoc), Union City, Wapahani, Winchester.
23. **North Central (Indianapolis) (13):** Brebeuf Jesuit, Heritage Christian, Indiana School for Deaf, Indianapolis Arlington, Indianapolis Arsenal Technical, Indianapolis Bishop Chatard, Indianapolis Broad Ripple, Indianapolis Cathedral, Lawrence Central, Lawrence North, North Central (Indianapolis), Park Tudor, Tindley.
24. **Penn (11):** Bremen, Glenn, LaVille, Mishawaka, Mishawaka Marian, Penn, South Bend Adams, South Bend Clay, South Bend Riley, South Bend St. Joseph's, South Bend Washington.
25. **Plainfield (13):** Avon, Brownsburg, Cascade, Crawfordsville, Danville, Greencastle, North Putnam, Plainfield, Rockville, South Putnam, Southmont, Tri-West Hendricks, Western Boone.
26. **Plymouth (10):** Caston, Culver Academies, Culver Community, Manchester, North Miami, Northfield, Plymouth, Rochester, Tippecanoe Valley, Triton.
27. **Portage (11):** Chesterton, LaPorte, Marquette Catholic, Michigan City, New Prairie, Portage, South Central (Union Mills), Valparaiso, Washington Township, Westville, Wheeler.
28. **Princeton (12):** Barr-Reeve, Gibson Southern, North Daviess, North Knox, Pike Central, Princeton, South Knox, Tecumseh, Vincennes Lincoln, Vincennes Rivet, Washington, Wood Memorial.
29. **Rensselaer Central (12):** Boone Grove, Hebron, Kankakee Valley, Knox, Kouts, LaCrosse, Morgan Township, North Judson, Oregon-Davis, Rensselaer Central, West Central, Winamac.
30. **Southport (15):** Ben Davis, Covenant Christian, Decatur Central, Fall Creek Academy, Indianapolis Attucks, Indianapolis Manual, Indianapolis Metropolitan, Indianapolis Northwest, Indianapolis Ritter, Indianapolis Washington, International, Perry Meridian, Pike, Speedway, Southport.
31. **Terre Haute North (12):** Clay City, Holy Cross, Linton-Stockton, North Central (Farmersburg), Northview, Riverton Parke, Shakamak, South Vermillion, Sullivan, Terre Haute North, Terre Haute South, West Vigo.
32. **Warren Central (14):** Beech Grove, Eastern Hancock, Franklin Central, Greenfield-Central, Indianapolis Howe Academy, Indianapolis Lutheran, Indianapolis Marshall, Indianapolis Scecina, Morristown, New Palestine, Roncalli, Shelbyville, Triton Central, Warren Central.

Boys Regionals

1. **Bloomington North:** Bedford North Lawrence, Bloomington North, Corydon Central, Jeffersonville.
2. **Connersville:** Connersville, East Central, Franklin, Warren Central.
3. **Evansville Central:** Evansville Central, Jasper, Princeton, Terre Haute North.
4. **Fort Wayne Wayne:** East Noble, Fort Wayne North Side, Fort Wayne Wayne, Marion.
5. **Kokomo:** Goshen, Kokomo, Penn, Plymouth.
6. **Lafayette Jefferson:** Benton Central, Carmel, Lafayette Jefferson, Plainfield.
7. **North Central (Indianapolis):** Muncie Central, Mount Vernon (Fortville), North Central (Indianapolis), Southport.
8. **Valparaiso:** Crown Point, Hammond Morton, Portage, Rensselaer.

Boys State Finals

Robert C. Haugh Track and Field Complex – Indiana University, Bloomington.

GIRLS

IV CENTERS AND ASSIGNMENTS OF SCHOOLS

Girls Sectionals

If your school does not plan to enter the IHSAA tournament series and is listed below, please see below - X. Entry Lists - Sectionals, Item I for procedure. If your school intends to enter the IHSAA tournament series and your school does NOT appear below, contact the IHSAA immediately.

1. **Angola (12):** Angola, Central Noble, DeKalb, East Noble, Eastside, Fremont, Garrett, Hamilton, Lakeland, Prairie Heights, West Noble, Westview.
2. **Benton Central (12):** Attica, Benton Central, Covington, Fountain Central, Frontier, North Newton, North Vermillion, North White, Seeger, South Newton, Tri-County, Twin Lakes.
3. **Bloomington North (13):** Bloomfield, Bloomington North, Bloomington South, Brown County, Cloverdale, Eastern Greene, Edgewood, Eminence, Martinsville, Monrovia, Mooresville, Owen Valley, White River Valley.
4. **Bluffton (12):** Adams Central, Belmont, Bluffton, Fort Wayne Canterbury, Fort Wayne Elmhurst, Fort Wayne Wayne, Harding, Heritage, Homestead, Norwell, South Adams, Southern Wells.

5. **Bremen (11):** Bremen, Glenn, LaVille, Mishawaka, Mishawaka Marian, Penn, South Bend Adams, South Bend Clay, South Bend Riley, South Bend St. Joseph's, South Bend Washington.
6. **Chesterton (11):** Chesterton, LaPorte, Marquette Catholic, Michigan City, New Prairie, Portage, South Central (Union Mills), Valparaiso, Washington Township, Westville, Wheeler.
7. **Columbus East (11):** Center Grove, Columbus East, Columbus North, Edinburgh, Franklin, Greenwood, Hauser, Indian Creek, Southwestern (Shelby), Whiteland, Waldron.
8. **Connersville (13):** Cambridge City Lincoln, Centerville, Connersville, Hagerstown, Knightstown, Morton Memorial, New Castle, Northeastern, Richmond, Rushville, Seton Catholic, Tri, Union County.
9. **Corydon Central (11):** Borden, Christian Academy of Indiana, Clarksville, Corydon Central, Crawford County, Floyd Central, Lanesville, New Albany, North Harrison, Providence, South Central (Elizabeth).
10. **Ben Davis (15):** Ben Davis, Covenant Christian, Decatur Central, Fall Creek Academy, Indianapolis Attucks, Indianapolis Manual, Indianapolis Metropolitan, Indianapolis Northwest, Indianapolis Ritter, Indianapolis Washington, International, Perry Meridian, Pike, Speedway, Southport.
11. **Fort Wayne Northrop (11):** Carroll (Fort Wayne), Fort Wayne Bishop Dwenger, Fort Wayne Bishop Luers, Fort Wayne Concordia Lutheran, Fort Wayne Northrop, Fort Wayne North Side, Fort Wayne Snider, Fort Wayne Southside, Leo, New Haven, Woodlan.
12. **Franklin County (14):** Batesville, East Central, Franklin County, Greensburg, Jac-Cen-Del, Lawrenceburg, Milan, North Decatur, Oldenburg Academy, Rising Sun, South Dearborn, South Decatur, South Ripley, Switzerland County.
13. **Hammond Morton (11):** Calumet, East Chicago Central, Griffith, Hammond, Hammond Bishop Noll, Hammond Clark, Hammond Gavit, Hammond Morton, Highland, Lake Central, Munster.
14. **Harrison (West Lafayette) (12):** Carroll (Flora), Clinton Central, Clinton Prairie, Delphi, Frankfort, Harrison (West Lafayette), Lafayette Central Catholic, Lafayette Jefferson, McCutcheon, North Montgomery, Rossville, West Lafayette.
15. **Huntington North (11):** Blackford, Churubusco, Columbia City, Eastbrook, Huntington North, Marion, Mississinewa, Southwood, Wabash, White's, Whitko.
16. **Jeffersonville (12):** Austin, Charlestown, Henryville, Jeffersonville, Jennings County, Madison, New Washington, Rock Creek Academy, Scottsburg, Shawe Memorial, Silver Creek, Southwestern (Hanover).
17. **Kankakee Valley (12):** Boone Grove, Hebron, Kankakee Valley, Knox, Kouts, LaCrosse, Morgan Township, North Judson, Oregon-Davis, Rensselaer Central, West Central, Winamac.
18. **Lawrence Central (13):** Brebeuf Jesuit, Heritage Christian, Indiana School for Deaf, Indianapolis Arlington, Indianapolis Arsenal Technical, Indianapolis Bishop Chatard, Indianapolis Broad Ripple, Indianapolis Cathedral, Lawrence Central, Lawrence North, North Central (Indianapolis), Park Tudor, Tindley.
19. **Lowell (13):** Andean, Bowman Academy, Crown Point, Gary Roosevelt, Gary Wallace, Gary West Side, Gary Wirt, Hanover Central, Hobart, Lake Station Edison, Lowell, Merrillville, River Forest.
20. **Madison-Grant (12):** Cass, Eastern (Greentown), Kokomo, Logansport, Maconaquah, Madison-Grant, Northwestern, Oak Hill, Peru, Pioneer, Taylor, Western.
21. **Mt. Vernon (13):** Boonville, Castle, Evansville Bosse, Evansville Central, Evansville Day, Evansville Harrison, Evansville Mater Dei, Evansville Memorial, Evansville North, Evansville Reitz, Mount Vernon, North Posey, Signature.
22. **Muncie Southside (12):** Cowan, Delta, Jay County, Monroe Central, Muncie Burriss, Muncie Central, Muncie Southside, Randolph Southern, Union (Modoc), Union City, Wapahani, Winchester.
23. **Noblesville (13):** Carmel, Fishers, Guerin Catholic, Hamilton Southeastern, Hamilton Heights, Lebanon, Noblesville, Sheridan, Tipton, Tri-Central, University, Westfield, Zionsville.
24. **Pendleton Heights (13):** Alexandria, Anderson, Anderson Highland, Blue River Valley, Daleville, Elwood, Frankton, Lapel, Mount Vernon (Fortville), Pendleton Heights, Shenandoah, Wes-Del, Yorktown.
25. **Perry Central (11):** Cannelton, Forest Park, Heritage Hills, Jasper, Loogootee, Northeast Dubois, Perry Central, Shoals, South Spencer, Southridge, Tell City.
26. **Princeton (12):** Barr-reeve, Gibson Southern, North Daviess, North Knox, Pike Central, Princeton, South Knox, Tecumseh, Vincennes Lincoln, Vincennes Rivet, Washington, Wood Memorial.
27. **Rochester (10):** Caston, Culver Academies, Culver Community, Manchester, North Miami, Northfield, Plymouth, Rochester, Tippecanoe Valley, Triton.
28. **Seymour (13):** Bedford North Lawrence, Brownstown Central, Crothersville, Eastern (Pekin), Medora, Mitchell, Orleans, Paoli, Salem, Seymour, Springs Valley, Trinity Lutheran, West Washington.
29. **Shelbyville (14):** Beech Grove, Eastern Hancock, Franklin Central, Greenfield-Central, Indianapolis Howe Academy, Indianapolis Lutheran, Indianapolis Marshall, Indianapolis Scecina, Morristown, New Palestine, Roncalli, Shelbyville, Triton Central, Warren Central.
30. **South Putnam (13):** Avon, Brownsburg, Cascade, Crawfordsville, Danville, Greencastle, North Putnam, Plainfield, Rockville, South Putnam, Southmont, Tri-West Hendricks, Western Boone.
31. **Terre Haute North (12):** Clay City, Holy Cross, Linton-Stockton, North Central (Farmersburg), Northview, Riverton Parke, Shakamak, South Vermillion, Sullivan, Terre Haute North, Terre Haute South, West Vigo.
32. **Warsaw (12):** Bethany Christian, Concord, Elkhart Central, Elkhart Christian Academy, Elkhart Memorial, Fairfield, Goshen, Jimtown, Northridge, NorthWood, Warsaw, Wawasee.

Girls Regionals

1. **Bedford North Lawrence (4):** Bloomington North, Corydon Central, Jeffersonville, Seymour.
2. **Ben Davis (4):** Ben Davis, Lawrence Central, Muncie Southside, Pendleton Heights.
3. **Bremen (4):** Bremen, Madison-Grant, Rochester, Warsaw.
4. **Chesterton (4):** Chesterton, Hammond Morton, Kankakee Valley, Lowell.
5. **Evansville Central (4):** Mt. Vernon, Perry Central, Princeton, Terre Haute North.
6. **Fort Wayne Northrop (4):** Angola, Bluffton, Fort Wayne Northrop, Huntington North.
7. **Shelbyville (4):** Columbus East, Connersville, Franklin County, Shelbyville.
8. **West Lafayette (4):** Benton Central, Harrison (West Lafayette), Noblesville, South Putnam.

Girls State Finals

Robert C. Haugh Track and Field Complex – Indiana University, Bloomington.

BOYS AND GIRLS

V ELIGIBLE SCHOOLS – Only those schools with full membership in the Association are eligible to enter.

BOYS

VI STANDARDS OF PERFORMANCE

A. Sectionals

1. Each school may list 3 participants in each individual event, but only 2 may participate unless all three have met the 3 participant standard.
2. The entrant's best SEASON time/distance/height must be listed on the Official Entry List.

- Schools are permitted 3 participants in each event provided ALL have equaled or bettered the 3 participant standards prior to 4:00 p.m. Thursday, May 14, 2009. Coaches are required to show proof of performance for each participant prior to entering three individuals for an event. A copy of the meet results for each participant, signed by an IHSAA Official, must be forwarded to the IHSAA Office prior to 4:00 p.m., Thursday, May 14, 2009.
- Lane assignments and field event participants including all students meeting the 3 Participant Standard in their events for the State Finals will be posted on the IHSAA website (www.ihsaa.org) by 4:00 p.m. on Saturday, May 30, 2009. Schools will receive no other notification regarding qualifying individuals to the State Finals.

3 PARTICIPANT STANDARDS OF PERFORMANCE

Qualifying Time Standards from Sectional to Regional and Regional to State Finals

(Times listed below are fully automatic times) (Mark must be achieved in the finals of the event.)

Boys Events

3200 M Relay	7:57.66
110 M High Hurdles	:14.75
100 M Dash	:10.93
1600 M Run	4:22.07
400 M Relay	:42.66
400 M Dash	:48.93
300 M Intermediate Hurdles	:39.13
800 M Run	1:56.50
200 M Dash	:22.19
3200 M Run	9:22.70
1600 M Relay	3:20.78
Pole Vault	14' 6"
Discus	160' 1"
Shot Put	54' 9 ³ / ₄ "
Long Jump	21' 9 ¹ / ₂ "
High Jump	6' 5 ¹ / ₄ "

GIRLS

B. Sectionals

- Each school may list 3 participants in each individual event, but only 2 may participate unless all three have met the 3 participant standard.
- The entrant's best SEASON time/distance/height must be listed on the Official Entry List.
- Schools are permitted 3 participants in each event provided ALL have equaled or bettered the 3 participant standards prior to 4:00 p.m. Thursday, May 14, 2009. Coaches are required to show proof of performance for each participant prior to entering three individuals for an event. A copy of the meet results for each participant, signed by an IHSAA Official, must be forwarded to the IHSAA Office prior to 4:00 p.m., Thursday, May 14, 2009.
- Lane assignments and field event participants including all students meeting the 3 Participant Standard in their events for the State Finals will be posted on the IHSAA website (www.ihsaa.org) by 4:00 p.m. on Thursday, May 28, 2009. Schools will receive no other notification regarding qualifying individuals to the State Finals.

3 PARTICIPANT STANDARDS OF PERFORMANCE

Qualifying Time Standards from Sectional to Regional and Regional to State Finals

(Times listed below are fully automatic times) (Mark must be achieved in the finals of the event)

Girls Events

3200 M Relay	9:31.15
100 M High Hurdles	:15.16
100 M Dash	:12.39
1600 M Run	5:08.55
400 M Relay	:48.98
400 M Dash	:57.87
300 M Low Hurdles	:45.86
800 M Run	2:16.87
200 M Dash	:25.78
3200 M Run	11:07.66
1600 M Relay	3:59.37
Discus	128' 6"
Shot Put	41' 4 ³ / ₄ "
Long Jump	17' 0 ¹ / ₄ "
High Jump	5' 4 ¹ / ₂ "
Pole Vault	11' 1"

BOYS AND GIRLS

VII TIME CONVERSION TABLE FOR ENGLISH TO METRIC RUNNING PERFORMANCES

A. Schools not competing on metric tracks shall convert running performances to be listed on Official Entry List by using following table.

110 yd. hurdles to 100 meter high hurdles	– subtract .1 sec.
100 yd. dash to 100 meter dash	– add .9 sec.
120 yd. high hurdles to 110 meter high hurdles	– same
220 yd. dash to 200 meter dash	– subtract .1 sec.
330 yd. low hurdles to 300 meter intermediate hurdles	– subtract .2 sec.
440 yd. dash to 400 meter dash	– subtract .3 sec.
440 yd. relay to 400 meter relay	– subtract .2 sec.
880 yd. run to 800 meter run	– subtract .7 sec.
Mile run to 1600 meter run	– subtract 1.6 sec.
Mile relay to 1600 meter relay	– subtract 1.1 sec.
2 mile run to 3200 meter run	– subtract 3.4 sec.
2 mile relay to 3200 meter relay	– subtract 2.8 sec.

BOYS AND GIRLS

VIII ADVANCEMENT

- A. **From Sectionals to Regionals** – 1st, 2nd, 3rd and 4th place sectional winners in all individual events and relays plus any individual or relay team meeting the 3 Participant Standard in the sectional finals of their event. An individual or relay team shall not advance to the regional from the sectional finals unless the time is recorded by fully automatic timing (FAT).
- B. **From Regionals to State Finals** – 1st, 2nd and 3rd place regional winners in all individual events and relays plus any individual meeting or relay team the 3 Participant Standard in the regional finals of their event. An individual or relay team shall not advance to the state finals from the regional finals unless the time is recorded by fully automatic timing (FAT). If there are less than 3 in any event meeting the 3 Participant Standard, the next best regional finishers shall be added to bring the total number of entrants to 27 in each event.
- C. **From State Meet Trials to Finals**
 1. 110 and 100 Hurdles, 100; 200
 - a. 3 heats with 9
 - b. 1st, 2nd from each heat plus next 3 best times.
 2. 400, 1600 and 3200 Relays
 - a. no trials
 - b. 3 sections timed; 9 per section
 3. 400 and 300 Hurdles
 - a. no trials
 - b. 3 sections timed; 9 per section
 4. 800
 - a. no trials
 - b. 2 sections; 1 with 13, 1 with 14
 5. 1600 and 3200
 - a. no trials
 - b. 1 race timed
 6. Field Events
 - a. top 10 qualify plus ties

BOYS AND GIRLS

IX ENTRY LIMITATIONS

- A. A school may enter 3 contestants in each event but only 2 may participate, unless all three have made the 3 participant standard (see VI Standards of Performance).
- B. No contestant may participate in more than 4 events, track and/or field. A relay is an event.
- C. A school may enter 1 team in each relay. Six participants may be named to a relay team, any 4 of whom may be used if eligible.
- D. Do not place names on the entry list that are not entered in an event.
- E. When last minute questions arise regarding a student's eligibility status (name, discrepancies between Sectional Copy of Entry List and IHSAA Copy, excessive number of events, etc.) and the Commissioner/s cannot be reached, the center school principal is authorized to **permit the student in question to participate with the understanding that the eligibility status may be changed when all facts are reported to the IHSAA.**

X ENTRY LISTS – Sectionals

BOYS

- A. The Official IHSAA Entry List must be completed by the high school principal and filed with the Commissioner and center principal NO LATER THAN 4:00 P.M. **THURSDAY, MAY 14**, without penalty.
- B. *Member schools entering the track and field tournament series shall submit their entries to the IHSAA via the Associations' members' website at www.ihsaa.net from the B-TR tab by using the Create/Update Track Entry link. Specific instructions on entry procedures may be found on the B-TR tab at the link entitled Tournament Entry instructions.*
- C. **Alternates listed for each event must be entered with a distance/time. Please place an "A" after the distance/time to designate your alternate.**
- D. The best two performances listed will be entered. The third entrant will be entered if all entrants meet the 3 Participant Standard as prescribed prior.

GIRLS

- A. The Official IHSAA Entry List must be completed by the high school principal and filed with the Commissioner and center principal NO LATER THAN 4:00 P.M. **THURSDAY, MAY 14**, without penalty.
- B. *Member schools entering the track and field tournament series shall submit their entries to the IHSAA via the Associations' members' website at www.ihsaa.net from the G-TR tab by using the Create/Update Track Entry link. Specific instructions on entry procedures may be found on the G-TR tab at the link entitled Tournament Entry instructions.*
- C. **Alternates listed for each event must be entered with a distance/time. Please place an "A" after the distance/time to designate your alternate.**
- D. The best two performances listed will be entered. The third entrant will be entered if all entrants meet the 3 Participant Standard as prescribed prior.

BOYS AND GIRLS

- A. **LATE ENTRY LIST** – accepted if entry list is accompanied by a check for the following amount:
 1. Within 24 hours after deadline..... \$ 50.00
 2. Within 48 hours after deadline..... \$100.00
 3. Over 48 hours – may not enter tournament.
- B. **CHANGES PRIOR TO DEADLINE**
 1. *Member schools retain the ability to change their entry list at any time prior to the deadline by re-entering www.ihsaa.net on the appropriate sport tab and modifying their entry as prescribed in the instructions. Changes prior to the deadline shall NOT be accepted by telephone.*
- C. **CHANGES AFTER DEADLINE**
 1. *Accepted with \$100.00 prior to end of seeding/pairings/draw, if reported to IHSAA Executive Staff member. Res 317-877-2804 (H), 317-339-4450 (C); Gardner 765-221-9151 (H), 317-339-4451 (C); Cox 317-569-7362 (H), 317-339-4452 (C); Searcy 812-333-6058 (H), 317-339-4453 (C); Wynns 317-466-9908 (H), 317-339-4454 (C).*
 2. *Accepted with \$200.00 after the end of seeding/pairings/draw and prior to Friday, May 15, 2009 at 4:00 p.m. for the girls' sectional and Monday, May 18, 2009 at 4:00 p.m. for the boys' sectional if reported to IHSAA Executive Staff member. Res 317-877-2804 (H), 317-339-4450 (C); Gardner 765-221-9151 (H), 317-339-4451 (C); Cox 317-569-7362 (H), 317-339-4452 (C); Searcy 812-333-6058 (H), 317-339-4453 (C); Wynns 317-466-9908 (H), 317-339-4454 (C).*
- D. Each principal is responsible for checking the eligibility of entrants before permitting them to participate.
- E. A notification from the Association Office will acknowledge receipt and correctness of your entry list.
- F. Principals and coaches are urged to read and double check the entry list form to be sure that:

1. all necessary information is provided and
 2. that each contestant is entered in the proper event/s.
- G. Unless entrant's best performances are entered in the proper column, contestants will not be considered entered in an event.
- H. *Participating schools MUST enter the IHSAA track and field tournament series via the Associations' members' website at www.ihsaa.net as prescribed above. No other method of entry will be accepted.*
- I. *If a member school chooses not to enter the IHSAA track and field tournament series, they must notify the Association by entering the members' website at www.ihsaa.net on the appropriate sport tab (G-TR or B-TR) and indicate so by clicking on the Update School Info/Stop! No entry for this year link.*

BOYS AND GIRLS

XI AWARDS – are provided by IHSAA. No others shall be given.

A. **Sectionals**

1. Trophy
 - a. to championship team school
2. Ribbons
 - a. to contestants placing 1st through 8th in each event.

B. **Regionals**

1. Trophy Plate
 - a. to championship team school (if championship team school did not win the sectional, a regional trophy will be provided to the winner).
2. Ribbons
 - a. to contestants placing 1st through 8th in each event

C. **State**

1. Trophy
 - a. to championship team school
 - b. to runner-up team school
2. Medals
 - a. 5 to staff of championship team school
 - b. 5 to staff of runner-up team school
 - c. to contestants placing 1st through 9th in each event

XII MENTAL ATTITUDE AWARD

BOYS

- A. Robert S. Hinshaw Mental Attitude Award – a plaque will be presented by the Executive Committee to an outstanding senior participant who has excelled in mental attitude, scholarship, leadership and athletic ability in track and field. Nominations must be initiated by the candidate's principal and coach.

GIRLS

- B. Mental Attitude Award – a plaque will be presented by the Executive Committee to an outstanding senior participant who has excelled in mental attitude, scholarship, leadership and athletic ability in track and field. Nominations must be initiated by the candidate's principal and coach.

BOYS AND GIRLS

XIII FINANCIAL TERMS

A. **Sectionals, Regionals**

1. Tournament expenses excluding cost of equipment shall be paid by the center school from the gross receipts.
2. Deficits will be reimbursed by IHSAA.
3. No travel, meal nor lodging allowance will be paid.
4. The center school shall furnish a complete financial report to IHSAA within 1 week following the completion of each tourney.

- B. **State** – Allowance as follows: Actual qualifying participants plus a specified number of nonparticipants (coach, assistant coach, student manager, etc.) based upon the number of actual qualifying participants **if in attendance** from each participating school.

1. MILEAGE - round-trip mileage *from the school address to 1800 N. Fee Ln., Bloomington, IN 47408 will be determined by the IHSAA.*

No. Participants	Per Mile	No. of Authorized Non-Participants
1-3	.20	2
4-7	.40	3
8-12	.60	3
13-15	.80	3
16-20	\$1.00	3
21 and up	\$1.20	3

2. **MEALS**

- 1-120 miles\$ 5.00 per person
- 121-250 miles\$ 9.00 per person
- 251 miles and over . \$12.00 per person

3. *The practice of submitting expense forms by member schools upon check-in at the state finals has been eliminated. The IHSAA will calculate each participating school's expenses based upon qualifying entrants and a pre-determined number of non-participants as prescribed above. Reimbursement checks will be mailed to principals at a later date.*

BOYS AND GIRLS

XIV MANAGEMENT

A. **Sectionals, Regionals**

1. Sponsorship, operation and management of the tournament rests solely with the IHSAA through the Executive Committee. Total responsibility for the local arrangements has been delegated to the center school. If a dispute, claim or cause of action should arise out of the contest or tournament which was not the result of any intentional or negligent act or omission of the center school or its local arrangements, and provided further that the center school has acted in accordance with the Rules and Regulations of the IHSAA, then the IHSAA agrees to assist the center school defend such dispute, claim or cause of action by providing legal advice, legal representation, and defending the center school; the responsibility of the IHSAA herein shall not attach until the center school formally places the IHSAA on notice of the dispute, claim or cause of action, and makes demand upon the IHSAA for legal advice, representation, of a defense.
2. The center school shall provide and be responsible for tickets, ticket takers/sellers, ushers, announcers, scorers, timekeepers, all necessary equipment for conducting the game or contest, necessary facilities for the competing teams and those directly affiliated with the competing teams (such as the principal, athletic director, coaches, student managers, etc.), facilities for spectators/fans and crowd control (hereinafter known as the local arrangements).
3. When confronted with an injunction or restraining order contrary to Executive Committee rules and/ or Association By-Laws, the center school will immediately postpone the tournament and contact the Commissioner for further instructions.

4. Complete information must be sent to all participating schools and officials.
5. The center principal shall assign contestants from the entry list of assigned schools.
6. For the State Finals, the Executive Committee has designated Bobby Cox, Assistant Commissioner, as Tournament Administrator and Scot Mellor, International School of Indiana, as Tournament Director.

BOYS AND GIRLS

- XV OFFICIALS – A referee-starter and assistant starter will be assigned by IHSAA. These individuals will be in complete charge of tourney activities and shall be included on the games committee. The games committee, along with all other tourney officials, will be selected by the center principal.

BOYS AND GIRLS

- XVI OFFICIAL RULES – The official rules as stated in the current Track & Field Rules Book published by the National Federation and so further modified by the IHSAA in these regulations, shall govern.

BOYS AND GIRLS

- XVII ORDER OF EVENTS – See Section XXV.

BOYS AND GIRLS

XVIII SCORING

- A. **Sectionals and Regionals** – Eight places will be scored 10, 8, 6, 5, 4, 3, 2, 1 respectively in all events including relays.
- B. **State** – Nine places will be scored 10, 8, 7, 6, 5, 4, 3, 2, 1 respectively in all events including relays.

BOYS AND GIRLS

- XIX PRE-SECTIONAL SCRATCH MEETING – Such meeting **shall be held** at least 30 minutes prior to the start of the meet to take care of final scratches.

- XX SEEDING – Sectionals

BOYS

- A. Each center school **shall** conduct an E-Mail or FAX seeding meeting as follows:

1. Participants must be entered in an event with a time/distance/height prior to *4:00 p.m., Thursday, May 14, 2009*, without penalty.
2. Each center school shall E-MAIL OR FAX participating schools a copy of the seeds prior to *noon, Saturday, May 16, 2009*.
3. Corrections of obvious errors and/or omissions will be accepted by *12:00 p.m. (Noon), Monday, May 18, 2009* if reported directly to the assistant commissioner and accompanied by \$200. No changes for the purpose of gaining a competitive edge will be allowed.

- B. Each center school **may** conduct a coaches meeting prior to the day of the sectional. If conducted, each participating school should be represented by a coach or a school representative.

1. Items to be covered at this meeting could include the following:
 - a. distribution of seeds and correction of any seeding errors; changes in times/distances/heights **will not be permitted** at this meeting
 - b. explanation of certain administrative details of the meet, i.e., parking, awards, scratch meeting, protests, check-in, etc.

GIRLS

- A. Each center school **shall** conduct an E-Mail or FAX seeding meeting as follows:

1. Participants must be entered in an event with a time/distance/height prior to *4:00 p.m., Thursday, May 14, 2009*, without penalty.
2. Each center school shall E-Mail or FAX participating schools a copy of the seeds prior to *noon, Saturday, May 16, 2009*.
3. Corrections of obvious errors and/or omissions will be accepted by *12:00 p.m. (Noon), May 18, 2009* if reported directly to the assistant commissioner and accompanied by \$200. No changes for the purpose of gaining a competitive edge will be allowed.

- B. Each center school **may** conduct a coaches meeting prior to the day of the sectional. If conducted, each participating school should be represented by a coach or a school representative.

1. Items to be covered at this meeting could include the following:
 - a. distribution of seeds and correction of any seeding errors; changes in times/distances/heights will not be permitted at this meeting
 - b. explanation of certain administrative details of the meet, i.e., parking, awards, scratch meeting, protests, check-in, etc.

BOYS AND GIRLS

- A. Procedure

1. Obtain known scratches.
2. Seed flights/heats/sections
3. Ties in times/distances/heights shall be drawn by lot for heat and lane assignment.

4. For Field Events

- a. Group I (High Jump and Pole Vault)

- (1) Arrange the competitors with the weakest performances first and the best performances last.
- (2) Conduct the competition using the continuing flight method i.e., as the participant clears the bar, passes a turn at the height or is eliminated, the next competitor in order will be moved up so that the active flight remains constant at (3-5).
- (3) Warm-up jump without the crossbar shall be permitted for those who have passed 3 consecutive heights.
- (4) Each vaulter's weight must be verified by his coach on the form provided by the sectional/regional site. The form must be given to the head pole vault judge prior to competition. On-site weigh-ins will take place at the state meet only.

- b. Group II (Long Jump)

(1) Preliminary trials

- (a) Arrange the competitors with the best performer first and the weakest performer last.
- (b) Assign competitors to flights in groups of 3-8.
- (c) Place, within each flight, the best performer last and the weakest performer first.
- (d) A contestant will take at least 1 attempt when his/her turn comes up. Contestants may take all of their remaining tries during their turn provided the field event judge is notified.
- (e) Qualify 9 individuals from preliminaries to the finals.
- (f) A competitor must have 1 successful attempt to qualify for the finals.

(2) Finals

- (a) Qualify 1 or more competitors than there are scoring places (9 sectional and regional, 10 state).
- (b) If any ties exist in the preliminaries for qualifying positions, all competitors tying will qualify for the finals.
- (c) Competitors shall be in the reverse order of performance so that the best qualifier will compete last and the weakest first.

c. Group III (Discus and Shot Put)

(1) Preliminary trials

- (a) Arrange the competitors with the weakest performer first and the best performer last.
- (b) Assign competitors to flights in groups of 3-8.
- (c) Place, within each flight, the best performer last and the weakest performer first.
- (d) A contestant will take at least 1 attempt when his/her turn comes up. Contestants may take all of their remaining tries during their turn provided the field event judge is notified.
- (e) Qualify 9 individuals from preliminaries to the finals.
- (f) A competitor must have 1 successful attempt to qualify for the finals.

(2) Finals

(a) Qualify 1 or more competitors than there are scoring places (9 sectional and regional, 10 state).

(b) If any ties exist in the preliminaries for qualifying positions, all competitors tying will qualify for the finals.

(c) Competitors shall be in the reverse order of performance so that the best qualifier will compete last and the weakest first.

5. For Running Events

a. In trials-#1=fastest; #32=slowest

b. Never place 2 contestants from the same school in the same heat (does not apply to races and/or races run in sections). 2 contestants from the same school may be placed in the same heat if there are only 2 heats and that school has 3 contestants in that event.

In all heats or races run in sections, do not place 1 runner in a section alone. Move the slowest qualifier from the faster section to run against the lone contestant.

(1) SECTIONALS

100H, 110H, 100

8 Lanes 1 2 3 4 5 6 7 8

Heat 1: 19 13 7 1 6 12 18 24

Heat 2: 20 14 8 2 5 11 17 23

Heat 3: 21 15 9 3 4 10 16 22

Finals: 7 2b 1c 1a 1b 2a 2c 8

Qualify top 2 place finishers from each heat plus next 2 fastest times to the finals a=fastest; c=slowest heat finishers

200 M Dash

8 Lanes 1 2 3 4 5 6 7 8

Heat 1: 19 13 12 1 6 7 18 24

Heat 2: 20 14 11 2 5 8 17 23

Heat 3: 21 15 10 3 4 9 16 22

Finals: 7 2b 2a 1a 1b 1c 2c 8

Qualify top 2 place finishers from each heat plus next 2 fastest times to the finals a=fastest; c=slowest heat finishers

300 Meter Hurdles – 1 turn stagger; lanes;

sections timed

8 Lanes 1 2 3 4 5 6 7 8

Section I: 23 21 20 17 18 19 22 24

Section II: 15 13 12 9 10 11 14 16

Section III: 7 5 4 1 2 3 6 8

400 Meter Dash – 2 turn stagger; lanes; sections timed

8 Lanes 1 2 3 4 5 6 7 8

Section I: 17 18 19 20 21 22 23 24

Section II: 9 10 11 12 13 14 15 16

Section III: 1 2 3 4 5 6 7 8

800 Meter Run – 1 turn stagger; box alley; sections timed

Section I: 1-(13, 17, 21); 2-(14, 18, 22); 3-(15, 19, 23); 4-(16, 20, 24)

Section II: 1-(1, 5, 9); 2-(2, 6, 10); 3-(3, 7, 11);

4-(4, 8, 12)

1600 Meter and 3200 Meter Run – Single or double arc

5, 6, 1, 2, 3, 4, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16,

17, 18, 19, 20

400 Meter Relay – 2 turn stagger; lanes – sections timed

Section I: x, x, 12, 9, 10, 11; Section II: 7, 5, 4, 1, 2, 3, 6, 8

1600 Meter Relay – 3 turn stagger – sections timed; #1 runners in lanes; #2 runners in lanes to break point beginning on back straightaway; 1st exchange in lanes; all other exchanges use off the curve method. (Note: 2 turn stagger may be used only if track is not marked for 3 turn)

Section I: (9-12) (fastest time in lane 1)

Section II: (1-8) (fastest time in lane 1)

3200 Meter Relay – 1 turn stagger; all other exchanges use off the curve method; sections timed

Section I: (9-12) (fastest time in lane 1)

Section II: (1-8) (fastest time in lane 1)

(2) REGIONALS

(a) **It is recommended that a video camera be placed at the finish line as a backup to any timing system.**

(b) Fully automatic timing (FAT) will be used for seeding for the finals.

(c) Convert any hand-held times from sectional results for seeding purposes by adding .24 to any hand-held time before seeding for distances of 200 meters or less; .14 for distance of 400 meters; make no change for distances above 400 meters.

(d) *If the host facility has a nine or ten lane track, the state meet lane assignments below may be utilized for the regional.*

100H, 110H, 100

8 Lanes 1 2 3 4 5 6 7 8

Heat 1 13 9 5 1 4 8 12 16

Heat 2 14 10 6 2 3 7 11 15

Finals**(FAT) 7 5 2a 1a 1b 2b 6 8

Place Seeding 4a 3a 2a 1a 1b 2b 3b 4b

Qualify top 2 place finishers plus next 4 fastest times to finals

**1st # = place in heat; letter = time in heat

200 Meter Dash

8 Lanes 1 2 3 4 5 6 7 8

Heat 1 13 9 8 1 4 5 12 16

Heat 2 14 10 7 2 3 6 11 15
Finals**(FAT) 7 5 2b 1a 1b 2a 6 8
Place Seeding 4a 3a 2b 1a 1b 2a 3b 4b
Qualify top 2 place finishers plus next 4 fastest times to finals
**1st # = place in heat; letter = time in heat

300 Meter Hurdles – 1 turn stagger; lanes;

sections timed

8 Lanes 1 2 3 4 5 6 7 8

Section I: 15 13 12 9 10 11 14 16

Section II: 7 5 4 1 2 3 6 8

400 Meter Dash – 2 turn stagger; lanes; sections timed

8 Lanes 1 2 3 4 5 6 7 8

Section I: 9 10 11 12 13 14 15 16

Section II: 1 2 3 4 5 6 7 8

800 Meter Run – 1 turn stagger; box alley

1-(1,5,9,13); 2-(2,6,10,14);

3-(3,7,11,15); 4-(4,8,12,16)

1600 and 3200 Meter Run – Single or double arc

5,6,1,2,3,4,7,8,9,10,11,12,13,14,15,16

400 Meter Relay – 2 turn stagger; lanes

8 Lanes 1 2 3 4 5 6 7 8

Section I: 15 13 12 9 10 11 14 16

Section II: 7 5 4 1 2 3 6 8

1600 Meter Relay – 3 turn stagger; #1 runners in lanes; #2 runners in lanes to break point beginning on back straightaway 1st exchange in lanes; all other exchanges use off the curve method

8 Lanes 1 2 3 4 5 6 7 8

Section I: 9 10 11 12 13 14 15 16

Section II: 1 2 3 4 5 6 7 8

3200 Meter Relay – 1 turn stagger; all other exchanges use off the curve method; sections timed

8 Lanes 1 2 3 4 5 6 7 8

Section I: 9 10 11 12 13 14 15 16

Section II: 1 2 3 4 5 6 7 8

(3) STATE

100H, 110H 100

9 Lanes 1 2 3 4 5 6 7 8 9

Heat 1 24 18 12 6 1 7 13 19 25

Heat 2 23 17 11 5 2 8 14 20 26

Heat 3 22 16 10 4 3 9 15 21 27

Finals (FAT) 8 2c 2a 1b 1a 1c 2b 7 9

3 heats – qualify top 2 place finishers plus next 3 fastest times to finals.

4 heats – qualify top 2 place finishers plus next fastest time to finals.

200 Meter Dash – 1 turn stagger

9 Lanes 1 2 3 4 5 6 7 8 9

Heat 1 24 18 12 1 6 7 13 19 25

Heat 2 23 17 11 2 5 8 14 20 26

Heat 3 22 16 10 3 4 9 15 21 27

Finals (FAT) 8 2c 2a 1a 1b 1c 2b 7 9

3 heats – qualify top 2 place finishers plus next 3 fastest times to finals.

4 heats – qualify top 2 place finishers plus next fastest time to finals.

400 Meter Dash – 2 turn stagger; timed

9 Lanes 1 2 3 4 5 6 7 8 9

Section I: 19 20 21 22 23 24 25 26 27

Section II: 10 11 12 13 14 15 16 17 18

Section III: 1 2 3 4 5 6 7 8 9

800 Meter Run – 1 turn stagger; box alley; timed

Section I Box 1 15 19 23 27

Box 2 16 20 24

Box 3 17 21 25

Box 4 18 22 26

Section II Box 1 1 5 9 13

Box 2 2 6 10 14

Box 3 3 7 11

Box 4 4 8 12

300 Hurdles – 1 turn stagger; timed

9 Lanes 1 2 3 4 5 6 7 8 9

Section I: 26 24 22 19 20 21 23 25 27

Section II: 17 15 13 10 11 12 14 16 18

Section III: 8 6 4 1 2 3 5 7 9

1600 and 3200 Meter Run – Double Arc – 1 turn stagger

1st Arc -- 5,6,1,2,3,7,19,20,15,16,17,18,21

2nd Arc – 12,13,8,9,10,11,14,26,27,22,23,24,25

400 Meter Relay – 2 turn stagger; lanes, timed

9 Lanes 1 2 3 4 5 6 7 8 9

Section I: 25 23 22 19 20 21 24 26 27

Section II: 16 14 13 10 11 12 15 17 18

Section III: 7 5 4 1 2 3 6 8 9

1600 Meter Relay – 3 turn stagger; #1 in lanes; #2 in lanes to break point beginning on back straightaway; 1st exchange in lanes; all other exchanges use off the curve method, timed.

9 Lanes 1 2 3 4 5 6 7 8 9

Section I: 19 20 21 22 23 24 25 26 27

Section II: 10 11 12 13 14 15 16 17 18

Section III: 1 2 3 4 5 6 7 8 9

3200 Meter Relay – 1 turn stagger; all other exchanges use off the curve method; sections timed.

9 Lanes 1 2 3 4 5 6 7 8 9

Section I: 19 20 21 22 23 24 25 26 27

Section II: 10 11 12 13 14 15 16 17 18

Section III: 1 2 3 4 5 6 7 8 9

Long Jump – Discus – Shot Put

Top ten individuals qualify for the finals

BOYS AND GIRLS

XXI TIMING (Sectionals, Regionals, State)

- A. See *Rule 3-9, Articles 1-10* of the current National Federation Track and Field Rules.
- B. When hand-held times are used, use the following to convert same to automatic times.
 - a. Add .24 for distances of 200 meters or less
 - b. Add .14 for distances of 400 meters
 - c. Make no changes for distances above 400 meters.

BOYS AND GIRLS

XXII TIES – must be broken for **1st place and for the last qualifying position**. Names of the winners must be clearly designated on result sheet.

- A. In running events
 1. For the last qualifying place – a runoff shall be held at the end of the meet and/or after a sufficient rest period.
- B. In field events
 1. Use Rule 2-2-2 for 1st through last qualifying place.
 2. If after exhausting all steps in Rule 2-2-2 and a tie still exists for any place other than 1st place, competitors shall be awarded the same place and all tied contestants shall advance to the next tournament level.
- C. Team points will be divided equally for any tie between 2 or more competitors.
- D. In the event of a tie for the team championship, both teams will be recognized as winners and duplicate awards will be provided for both teams.

BOYS AND GIRLS

XXIII TICKETS – ADMISSIONS

- A. All qualified contestants in uniform, 1 student manager, 2 coaches, athletic director/assistant athletic director and principal from each participating school shall be admitted free. **Sectionals** – \$5.00; **Regionals** – \$6.00; **State** – Boys – \$8.00; Girls – \$8.00
- B. News Media

Sectionals and Regionals – may be admitted free by presenting proper identification.
State – Because of limited seating, outlets are urged to file an advanced written request with the IHSAA by Tuesday prior to the State Finals. The 2008-09 IHSAA Media Pass will be honored for admittance.
- C. **Pre-School Children**
 1. **When seats are reserved**
 - a. No charge for a preschool child who is with its parent/s and will not occupy a reserved seat.
 2. **When seats are not reserved**
 - a. No charge for a preschool child who will be seated with its parent/s throughout the contest.

XXIV POLICY FOR PHOTOGRAPHY, FILM, VIDEO AND AUDIO AT TOURNAMENT EVENTS

- A. Photography, Film, Video and Audio. – The IHSAA is the owner of the rights to and the copyright holder of all IHSAA Audiovisual Work, which includes all still photographs taken of IHSAA Tournament events, all film, videotape and audiotape of IHSAA Tournament events and the live audio and visual broadcasts of IHSAA Tournament events. Still photography, filming, video taping and audio recording is prohibited at IHSAA Tournament events, except as expressly and specifically authorized by the IHSAA. **Under no circumstances may photographs taken during IHSAA tournament series contests be sold without the expressed written permission of the IHSAA.**
- B. All video, broadcast, title and broadcast rights for IHSAA Tournament events are the exclusive property of the Indiana High School Athletic Association. IHSAA Tournament events cannot be reproduced, rebroadcast or used for any other purposes without the express written consent of the IHSAA.
- C. Participating Schools
 1. Representatives of participating schools are authorized to take still photographs of IHSAA Tournament events.
 2. Representatives of participating schools are authorized to film, video tape and audio tape IHSAA Tournament events, only if the principals of the participating schools receive advanced permission from the host school principal at sectional, regional or semi-state sites, or from Jason Wille at the offices of the IHSAA (317-846-6601) for state championship events.
 3. Still photographs, films, videos or audio tapes may not be used to review decisions of game officials.
 4. Under no circumstance may still photographs, films, videos or audio tapes, in full or in part, be used for any commercial purpose, unless authorized by, and a rights fee has been paid to, the IHSAA.
 5. Any videotaping, filming, and taking still photography is not an authorized Tournament expenditure and, if done, is the sole expense of the participating school.
- D. Media
 1. Members of the media are authorized, without paying a fee, to take still photographs and take short film, video and audio clips of IHSAA Tournament events for print and electronic news coverage.
 2. Members of the media must obtain advanced permission from the host school principal to take still photographs and to film, video tape or audio tape at sectional, regional or semi-state sites, or from Jason Wille at the offices of the IHSAA (317-846-6601) for state championship events.
 3. Under no circumstance may still photographs, films, videos or audio tapes, in full or in part, be used for any commercial purpose, unless authorized by, and a rights fee has been paid to, the IHSAA.

4. The filming or taping of the majority of a Tournament game or meet is prohibited, unless prior approval is secured from Associated Sports Productions, Inc., 36 S. Pennsylvania Street, Suite 190, Indianapolis, IN 46204 (Phone: 317-633-1462; Fax: 317-633-1461).
5. Videotape or film taken at any IHSAA Tournament shall be used for the sole purpose of showing excerpts thereof as a part of a regularly scheduled sports or news program and for no other reason.
6. The station will not lend, give away or sell the film or videotape, in whole or in part, except only for the purposes herein above specifically set forth and/or in such cases as the IHSAA requests for use by the Association.
7. It is specifically understood and agreed that, in every case where excerpts of any game or games are used in connection with such television programming, the action of the game or games shall not exceed a total of three and one-half (3 ½) minutes of running time. A station desiring to use more than 3 ½ minutes of action for special programs should contact Associated Sports Productions (317-633-1462) to make prior arrangements.
8. No live reports will be permitted during the time an event is being televised live by a television station or network with exclusive rights to the event.

E. Spectators

1. Individual spectators are authorized to personally take still photographs at Tournament events, for strictly personal use.
2. Individual spectators are authorized to personally film, video tape and audio tape portions of IHSAA Tournament events, for strictly personal use, only if advanced permission is obtained from the host school principal at sectional, regional or semi-state sites, or from Jason Wille at the offices of the IHSAA (317-846-6601) for state championship events.
3. Under no circumstance may still photographs, films, videos or audio tapes, in full or in part, be used for any commercial purpose, unless authorized by, and a rights fee has been paid to, the IHSAA.
4. Any still photography, filming, video taping and audio taping shall be conducted from the seating area, or, if space is available, from a designated area.

F. Purchase.

The IHSAA has an exclusive licensing arrangement for the marketing of still photography, films and videotapes, for certain Tournament events. Please refer questions about or requests regarding the purchase of these items to Mike Wilson at the offices of the IHSAA (317-846-6601).

XXV SPECIAL INSTRUCTIONS FOR STATE FINALS

BOYS

A. ORDER OF EVENTS

1. Friday, June 5, 2009
 - a. **Field Event Trials and Finals**
3:00 p.m. – Pole Vault, Long Jump and Discus
3:30 p.m. – High Jump; Shot Put (will begin at the conclusion of the discus event)
 - b. **Running Events**
4:15 p.m. – 3200 M Relay Finals
5:00 p.m. – 100 M Dash Trials
5:15 p.m. – 110 M High Hurdle Trials
5:40 p.m. – 200 M Dash Trials
6:10 p.m. – Opening Ceremonies
6:15 p.m. – 110 M High Hurdles
6:25 p.m. – 100 M Dash
6:35 p.m. – 1600 M Run
6:45 p.m. – 400 M Relay
7:05 p.m. – 400 M Dash
7:20 p.m. – 300 M Int. Hurdles
7:45 p.m. – 800 M Run
8:05 p.m. – 200 M Dash
8:15 p.m. – 3200 M Run
8:30 p.m. – 1600 M Relay

GIRLS

A. ORDER OF EVENTS

1. Saturday, June 6, 2009
 - a. **Field Event Trials and Finals**
3:00 p.m. – Pole Vault, Long Jump and Discus
3:30 p.m. – High Jump; Shot Put (will begin at the conclusion of the discus event)
 - b. **Running Events**
4:15 p.m. – 3200 M Relay Finals
5:00 p.m. – 100 M Dash Trials
5:15 p.m. – 100 M High Hurdle Trials
5:40 p.m. – 200 M Dash Trials
6:10 p.m. – Opening Ceremonies
6:15 p.m. – 100 M High Hurdles
6:25 p.m. – 100 M Dash
6:35 p.m. – 1600 M Run
6:45 p.m. – 400 M Relay
7:05 p.m. – 400 M Dash
7:20 p.m. – 300 M Low Hurdles
7:45 p.m. – 800 M Run
8:05 p.m. – 200 M Dash
8:15 p.m. – 3200 M Run
8:30 p.m. – 1600 M Relay

B. **General**

1. Bottles, cans or coolers will not be permitted in the stadium.
2. Equipment
 - a. All equipment to be used in the weight events shall be weighed in prior to the starting time of the field events. They will be marked for identification purposes.
 - b. Only spikes of 1/4" will be permitted. Hex head spikes will not be allowed.
 - c. Starting blocks will be provided for all official events.

- d. Local event management will provide specific tape for use in the track and/or field event areas and be responsible for removal after each day. Competitors may not use their own tape or chalk for marking.
- e. *Pole vaulters shall be weighed and their vaulting pole(s) inspected by the head pole vault judge prior to competition.*
- f. *As per NFHS track and field rules the shot put and discus sectors shall measure 34.92°.*

3. **Performance Records**

a. Running events

- (1) In 1980, all running events were conducted at metric distances. Records established in non-metric events have been converted to their metric equivalents. When these converted times are bettered, the former record holder will be listed under the progression of records with his/her English event and record time.
- (2) Records established in the preliminaries and/or finals of the state finals shall be established as a state record.
- (3) Records shall be recognized for each individual when 2 or more tie at a record height or distance in field events.
- (4) In running events only the winner will be credited with a new record even though more than 1 competitor records the same time.
- (5) National Records – The IHSAA shall certify the times and distances which qualify as a national record and submit same to the Records Committee of the National Federation of State High School Associations for approval.