

Future Important Dates

	22-23	23-24	24-25	25-26	26-27
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Boys Sports

Baseball					
1st Practice	3/13	3/11	3/17	3/16	3/15
1st Contest	3/27	3/25	3/31	3/30	3/29
Sectionals	5/24-27,29	5/22-25,27	5/28-31;6/2	5/27-30;6/1	5/26-29,31
Regionals	6/3	6/1	6/7	6/6	6/5
Semi-States	6/10	6/8	6/14	6/13	6/12
State	6/16-17	6/14-15	6/20-21	6/19-20	6/18-19

Basketball					
1st Practice	11/7	11/6	11/11	11/10	11/9
1st Contest	11/21	11/20	11/25	11/24	11/23
Sectionals	2/28-3/1,3-4	2/27-28;3/2-3	3/4-5,7-8	3/3-4,6-7	3/2-3,5-6
Regionals	3/11	3/9	3/15	3/14	3/13
Semi-States	3/18	3/16	3/22	3/21	3/20
State	3/25	3/23	3/29	3/28	3/27

Cross Country					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/8	10/7	10/12	10/11	10/10
Regionals	10/15	10/14	10/19	10/18	10/17
Semi-States	10/22	10/21	10/26	10/25	10/24
State	10/29	10/28	11/2	11/1	10/31

Football					
1st Practice					
Non-Contact	8/1	7/31	8/5	8/4	8/3
Contact	8/4	8/3	8/8	8/7	8/6
1st Contest					
Varsity	8/19	8/18	8/23	8/22	8/21
JV	8/18	8/17	8/22	8/21	8/20
Sectionals (A-5A)	10/21,28;11/4	10/20,27;11/3	10/25;11/1,8	10/24,31;11/7	10/23,30;11/6
Sectionals (6A)	10/28;11/4	10/27;11/3	11/1,8	10/31;11/7	10/30;11/6
Regionals	11/11	11/10	11/15	11/14	11/13
Semi-States	11/18	11/17	11/22	11/21	11/20
State	11/25-26	11/24-25	11/29-30	11/28-29	11/27-28

Golf					
1st Practice	3/13	3/11	3/17	3/16	3/15
1st Contest	3/27	3/25	3/31	3/30	3/29
Sectionals	6/2-3,5	5/31-6/1,3	6/6-7,9	6/5-6,8	6/4-5,7
Regionals	6/8-9	6/6-7	6/12-13	6/11-12	6/10-11
State	6/13-14	6/11-12	6/17-18	6/16-17	6/15-16

Soccer					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/3,5,7-8	10/2,4,6-7	10/7,9,11-12	10/6,8,10-11	10/5,7,9-10
Regionals	10/12,15	10/12-14	10/16-19	10/16-18	10/14-17
Semi-States	10/22	10/21	10/26	10/25	10/24
State	10/28-29	10/27-28	11/1-2	10/31-11/1	10/30-31

Swimming					
1st Practice	11/7	11/6	11/11	11/10	11/9
1st Contest	11/21	11/20	11/25	11/24	11/23
Sectionals	2/16,18	2/15,17	2/20,22	2/19,21	2/18,20
Regionals (Diving)	2/21	2/20	2/25	2/24	2/23
State	2/24-25	2/23-24	2/28-3/1	2/27-28	2/26-27

Tennis					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	9/27-10/1	9/26-30	10/1-5	9/30-10/4	9/29-10/3
Regionals	10/4-5	10/3-4	10/8-9	10/7-8	10/6-7
(Singles/Doubles)	10/15	10/14	10/19	10/18	10/17
Semi-States	10/8	10/7	10/12	10/11	10/10
State (Team)	10/14-15	10/13-14	10/18-19	10/17-18	10/16-17
(Singles/Doubles)	10/21-22	10/20-21	10/25-26	10/24-25	10/23-24

	22-23	23-24	24-25	25-26	26-27
Track & Field					
1st Practice	2/13	2/12	2/17	2/16	2/15
1st Contest	2/27	2/26	3/3	3/2	3/1
Sectionals	5/18	5/16	5/22	5/21	5/20
Regionals	5/25	5/23	5/29	5/28	5/27
State	6/2	6/1	6/6	6/5	6/4
Volleyball					
1st Practice	2/27	2/26	3/3	3/2	3/1
1st Contest	3/11	3/9	3/15	3/14	3/13

*all matches must be completed by Saturday of Week 46

Wrestling					
1st Practice	10/31	10/30	11/4	11/3	11/2
1st Contest	11/14	11/13	11/18	11/17	11/16
Sectionals	1/28	1/27	2/1	1/31	1/30
Regionals	2/4	2/3	2/8	2/7	2/6
Semi-States	2/11	2/10	2/15	2/14	2/13
State	2/17-18	2/16-17	2/21-22	2/20-21	2/19-20

Girls Sports

Basketball					
1st Practice	10/17	10/16	10/21	10/20	10/19
1st Contest	10/31	10/30	11/4	11/3	11/2
Sectionals	1/31-2/1,3-4	1/30-31;2/2-3	2/4-5,7-8	2/3-4,6-7	2/2-3,5-6
Regionals	2/11	2/10	2/15	2/14	2/13
Semi-States	2/18	2/17	2/22	2/21	2/20
State	2/25	2/24	3/1	2/28	2/27

Cross Country					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/8	10/7	10/12	10/11	10/10
Regionals	10/15	10/14	10/19	10/18	10/17
Semi-States	10/22	10/21	10/26	10/25	10/24
State	10/29	10/28	11/2	11/1	10/31

Golf					
1st Practice	7/29	7/28	8/2	8/1	7/31
1st Contest	8/1	7/31	8/5	8/4	8/3
Sectionals	9/16-17,19	9/15-16,18	9/20-21,23	9/19-20,22	9/18-19,21
Regionals	9/24	9/23	9/28	9/27	9/26
State	9/30-10/1	9/29-30	10/4-5	10/4-5	10/2-3

Gymnastics					
1st Practice	11/14	11/13	11/18	11/17	11/16
1st Contest	12/5	12/4	12/9	12/8	12/7
Sectionals	2/24-25	2/23-24	2/28-3/1	2/27-28	2/26-27
Regionals	3/3-4	3/1-2	3/7-8	3/6-7	3/5-6
State	3/11	3/9	3/15	3/14	3/13

Soccer					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/3,4,6,8	10/2,3,5,7	10/7,8,10,12	10/6,7,9,11	10/5,6,8,10
Regionals	10/13,15	10/11-14	10/17-19	10/15-18	10/15-17
Semi-States	10/22	10/21	10/26	10/25	10/24
State	10/28-29	10/27-28	11/1-2	10/31;11/1	10/30-31

Softball					
1st Practice	3/6	3/4	3/10	3/9	3/8
1st Contest	3/20	3/18	3/24	3/23	3/22
Sectionals	5/22-27	5/20-25	5/26-31	5/25-30	5/24-29
Regionals	5/30	5/28	6/3	6/2	6/1
Semi-States	6/3	6/1	6/7	6/6	6/5
State	6/9-10	6/7-8	6/13-14	6/12-13	6/11-12

	22-23	23-24	24-25	25-26	26-27
Swimming					
1st Practice	10/24	10/23	10/28	10/27	10/26
1st Contest	11/7	11/6	11/11	11/10	11/9
Sectionals	2/2,4	2/1,3	2/6,8	2/5,7	2/4,6
Regionals (Diving)	2/7	2/6	2/11	2/10	2/9
State	2/10-11	2/9-10	2/14-15	2/13-14	2/12-13

Tennis					
1st Practice	3/13	3/12	3/17	3/16	3/15
1st Contest	3/27	3/25	3/31	3/30	3/29
Sectionals	5/16-20	5/14-18	5/20-24	5/19-23	5/18-22
Regionals	5/23-24	5/21-22	5/27-28	5/26-27	5/25-26
(Singles/Doubles)	6/3	6/1	6/7	6/6	6/5
Semi-States	5/27	5/25	5/31	5/30	5/29
State (Team)	6/2-3	5/31-6/1	6/6-7	6/5-6	6/4-5
(Singles/Doubles)	6/9-10	6/7-8	6/13-14	6/12-13	6/11-12

Track & Field					
1st Practice	2/13	2/12	2/17	2/16	2/15
1st Contest	2/27	2/27	3/3	3/2	3/1
Sectionals	5/16	5/14	5/20	5/19	5/18
Regionals	5/23	5/21	5/27	5/26	5/25
State	6/3	5/31	6/7	6/6	6/5

Volleyball					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/11,13,15	10/10,12,14	10/15,17,19	10/14,16,18	10/13,15,17
Regionals	10/22	10/21	10/26	10/25	10/24
Semi-States	10/29	10/28	11/2	11/1	10/31
State	11/5	11/4	11/9	11/8	11/7

Wrestling					
1st Practice	10/17	10/16	10/21	10/20	10/19
1st Contest	10/31	10/30	11/4	11/3	11/2

Unified® Sports

Unified® Flag Football					
1st Practice	8/1	7/31	8/5	8/4	8/3
1st Contest	8/13	8/12	8/17	8/16	8/15
Sectionals	10/1	9/30	10/5	10/4	10/3
Regionals	10/8	10/7	10/12	10/11	10/10
State	10/15	10/14	10/19	10/18	10/17

Unified® Track & Field					
1st Practice	3/6	3/4	3/10	3/9	3/8
1st Contest	3/20	3/18	3/24	3/23	3/22
Sectionals	5/20	5/18	5/24	5/23	5/22
Regionals	5/27	5/25	5/31	5/30	5/29
State	6/3	6/1	6/7	6/6	6/5

Limited Contact Program (Rule 15-2.5)

Winter/Spring	8/29-10/15	8/28-10/14	9/2-10/19	9/1-10/18	8/31-10/17
Fall/Spring	12/5-2/4	12/4-2/3	12/9-2/8	12/8-2/7	12/7-2/6
Fall/Winter	4/3-5/13	4/1-5/11	4/7-5/17	4/6-5/16	4/5-5/15

Summer (Rule 15-3.5)

Moratorium	7/3-9	7/1-7	6/30-7/6	6/29-7/5	6/28-7/4
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